



# Alcohol Use and Misuse Questionnaire- Answers

Name: \_\_\_\_\_

Please circle your answers to the following questions.

1. People chose to drink due to, or in order to:
  - a. Relax
  - b. Peer Pressure
  - c. Cope with stress
  - d. Socialize
  - e. All of the above
2. Alcohol is the third most widely used drug in the world.
  - a. True
  - b. False
3. Mental Health issues such as depression and anxiety may be a long-term health risk from excessively consuming alcohol.
  - a. True
  - b. False
4. Short-term health risks from drinking alcohol may include:
  - a. Improved blood pressure
  - b. Lower risk for certain types of cancer
  - c. Injuries resulting from falls, motor vehicle crashes, or burns
  - d. Improved liver function
5. A sign of alcohol abuse disorder is drinking more than planned, even after attempts to cut down or quit drinking.
  - a. True
  - b. False
6. The recommended level of alcohol consumption for adult men is no more than 4 drinks per day.
  - a. True
  - b. False

